



'ELITE PLAYER PROGRAM'

10-DAY TRAINING PROGRAM TO NORTHWEST ENGLAND



GO
Play
sports tours

INTRODUCTION

GoPlay has partnered with EFL Club Tranmere Rovers to offer an Elite Player Program for 12 boys and - in conjunction with Liverpool FC Women - 12 girls aged 16-19.

English club Tranmere are on an upward trajectory having won back-to-back promotions and they have recently moved into a state of the art Campus Training Complex which is one of the best outside of the Premier League.



Their facilities are used by all Tranmere Rovers and Liverpool Ladies teams from youth level to the first team. And this program is designed to give individual players a taste of what it would be like to be a Youth Academy player in England.

They will be fully immersed in the club for the week of their stay, training alongside Tranmere's Academy and Liverpool Ladies teams.

The carefully-designed program looks at all aspects of player development, and assesses each player against current Academy level players, whilst there is also time to take in some of the area's sights and get a taste of English culture.

Each player will walk away with a full evaluation of their key attributes from GPS data, technical analysis to dietary plans and areas for improvement.

This is a must for any budding College Soccer player.

Here's an overview,

<https://www.youtube.com/watch?v=w8oJ3ZXGocE&feature=youtu.be>

“

We treat each player like one of our own!

Andy Parkinson
Tranmere Academy

STEP 1
INTRODUCTION

STEP 2
ITINERARY

STEP 3
TOUR INFORMATION

STEP 4
ABOUT GOPLAY



TRAINING SESSIONS WITH PROFESSIONAL COACHES



ITINERARY

DAY TWO – LIVERPOOL

Morning

- Depart USA (-1 Day)
- Arrive in Liverpool

Afternoon/Evening

- Watch a Pre-Season Friendly
- Welcome Dinner



DAY THREE – LIVERPOOL

Morning

- Campus Introduction
- Training Session (Field & GK) Attacking Principles

Afternoon/Evening

- Individual Learning Objectives Meeting (Prenton Park)
- Dinner

DAY FOUR – EDINBURGH

Morning

- Training Session (Field & GK) Defensive Principles

Afternoon/Evening

- Gym Session
- Nutrition Plans
- Dinner



DAY FIVE – LIVERPOOL

Morning

- Manchester City / United Stadium Tours

Afternoon/Evening

- Free Time in Manchester
- Training Session with Tranmere Academy Players (Age / Level Specific)
- Dinner

ITINERARY

DAY SIX –LIVERPOOL

Morning

- Training Session (Field & GK)
Transition Principles

Afternoon/Evening

- Match Preparation / Analysis Session
- Dinner

DAY SEVEN - LONDON

Morning

- Training Session (Field & GK)

Afternoon/Evening

- Futsal to Field Training
- Dinner



DAY EIGHT - LIVERPOOL

Morning

- Observe First Team Training Session
- Gym Session

Afternoon/Evening

- Training Session with Tranmere Academy Teams
- Dinner

DAY NINE - LIBERPOOL

Morning

- New Brighton Beach Physical Session

Afternoon/Evening

- Individual Learning Objective Overview
- Dinner

DAY TEN

Morning

- Depart for the USA



PROGRAM INFORMATION

GoPlay takes care of every last detail to guarantee that you only experience the trip of a lifetime!

All the tours that GoPlay offer are all inclusive. Flights, transfers, hotels, listed meals and sightseeing excursions are included in the overall cost. This means that all you have to worry about packing the correct clothes, charging your devices and living an adventure that you will never forget!

What's Included?

- Round-Trip Airfare from USA *(Including Fuel and Taxes)*
- Accommodation in Liverpool
- Based on Triple/Quad Rooms.
- Breakfast, Lunch and Dinner Included.
- All Soccer Activities in England Professional Match Ticket(s)
- Ground Transportation for Full Duration of Itinerary



- Sightseeing Excursions as Per Itinerary
- Medical and Cancellation Insurance
- 24-hour Helpline

“
Having The
US Players
Over is a
Highlight for
Our Girls

*Vicky Jepson
Liverpool Women*

STEP 1
INTRODUCTION

STEP 2
ITINERARY

STEP 3
TOUR INFORMATION

STEP 4
ABOUT GOPLAY

ABOUT GOPLAY

GoPlay Sports Tours is a Premier Group Travel Company with over 20 years in the travel industry.

Our passion for travel and the development of young athletes has given us a fantastic reputation with schools and clubs all over the US. Our staff have worked in the travel or soccer industry for many years, and have developed key contacts around the world. We nurture these contacts to provide a professional and memorable touring experience.

Our tours are designed to give young athletes a taste of what it is like to be a professional athlete. At all of our touring destinations, we are able to incorporate professional training sessions at some of the worlds biggest sporting clubs.



STEP 1
INTRODUCTION

STEP 2
ITINERARY

STEP 3
TOUR INFORMATION

STEP 4
ABOUT GOPLAY



GoPlay Sports Tours

GOPLAYTOURS.COM | +1 (617) 942 2882