



LOS TICOS

COSTA RICA



9 - DAY BASKETBALL
PROGRAM

TRIP SCHEDULE

DAY ONE - SAN JOSE

Morning

- Depart USA (-1 Day)
- Arrive in San Jose, Costa Rica

Afternoon/Evening

- Training Session with Own Coaches
- Welcome Dinner

DAY TWO - SAN JOSE

Morning

- Game One vs. Local Opposition

Afternoon/Evening

- Irazu National Park
- Team Dinner

DAY THREE - SAN CARLOS

Morning

- Transfer to San Carlos

Afternoon/Evening

- Game Two VS Local Opposition
- Post-Game Reception
- Arrive in San Carlos

DAY FOUR - SAN CARLOS

Morning

- La Fortuna Waterfalls
- Picnic Lunch

Afternoon/Evening

- Tabacon Hot Springs
- Team Dinner

DAY FIVE - PUNTARENAS

Morning

- Service Project

Afternoon/Evening

- Free Afternoon at the Beach
- Team Dinner

DAY SIX - PUNTARENAS

Morning

- Depart San Carlos
- Canopy Zip-lining

Afternoon/Evening

- Arrive in Puntarenas
- Beach Training Session
- Dinner at the Beach

DAY SEVEN - PUNTARENAS

Morning

- Full Day Excursion to Manuel Antonio National Park

Afternoon/Evening

- Full Day Excursion to Manuel Antonio National Park
- Team Dinner

DAY EIGHT - SAN JOSE

Morning

- Return to San Jose
- Visit Poas Volcano

Afternoon/Evening

- Game Three VS Local Opposition
- Farewell Dinner

DAY NINE - SAN JOSE

Morning

- Depart Costa Rica

WHAT'S INCLUDED

Sports Component

- **2-3 Competitive Games**
- **Practice Sessions led by International Coaches**
- **1-2 Professional Games**

Logistics

- **Cultural Activities**
- **Round Trip Airfare**
- **Well-Located Accommodation**
- **Ground Transportation**
- **Breakfast & Dinner**
- **GoPlay Tour Manager**

Other Inclusions

- **Medical Insurance**
- **Fundraising Options / Contributions Page**



COST

**\$2,300 -
\$2,800**